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Are We Turning The Corner?

Kia ora tatou,

Following nothing but bad news regarding the economy and high interest rates and inflation, the latest Official Cash Rate (OCR) announcement which saw the first reduction in the OCR since March 2020, has no doubt come as a welcome change for members. The OCR reduction to 5.25 per cent, along with predictions that there are more cuts to come, hopefully signals a slightly more positive outlook for many businesses. The economic climate remains very challenging with the Reserve Bank of New Zealand's (RBNZ) strict monetary policy having been in place for so long, indeed many economists believe that the RBNZ maintained this monetary policy for too long as it battled to get inflation under control.

The OCR announcement isn't an immediate fix as it's going to take time to see the benefit of the reduction in interest rates that the banks have made in response to the cut in the OCR, but it's a step in the right direction. When you add this good news to the announcement that there has been a recent fall in inflation to 3.3 per cent, which is almost at the 1 – 3 per cent level that the RBNZ was aiming to achieve by its monetary policy, I think it's prudent to ask are we finally turning the economic corner?

In closing, I ask you to please continue to support your local business community by shopping locally and utilising locally available services whenever you can.

Ngā mihi mahana,

Kevin O'Leary

General Manager, Business North Harbour

Upcoming Workshops & Events



Inorganic Collection

Last chance to register!

Closes at 5pm on Friday 30th August

Our next Office Inorganic Collection will take place on Thur 5th – Fri 6th September 2024. We have negotiated a special minimum discounted rate of \$49.00 plus GST per cubic metre collected (i.e. equivalent to a small garden trailer load) for our members. Pick-ups are made from your business premises (not the road side). For more information, [click here](#)



Hato Hone St John

MENTAL HEALTH FIRST AID WORKSHOP
TUESDAY 10 SEPTEMBER 2024, 8.30AM - 12.45PM
@BUSINESS NORTH HARBOUR

Mental Health First Aid Workshop
10th September, 8.30am - 12.45pm
Business North Harbour

Presented by Hato Hone | St John

Learn how to identify, understand and respond to signs of mental health issues in work colleagues, friends and family members. Using a variety of best practice learning methods, including discussions, videos and scenario work, this course is ideal for anyone wanting to help recognise mental distress and what they can do to help.

COURSE OUTCOMES

By the end of the course participants should be able to:

- Identify the early signs of mental distress
- Have an understanding of the relationship between mental health and unwellness
- Identify when a person may be experiencing a mental health crisis
- Identify strategies for managing a mental health crisis safely
- Know and be able to use the St John Listen to your HEAD™ action plan
- Identify agencies who can help and/or know how to get immediate assistance if necessary
- Understand debrief strategies for self-care including reflective practice

[Register here](#)

BUSINESS AFTER 5 NETWORKING

NETWORKING & BUSINESS SHOWCASE

5.30PM–8.00PM, THURSDAY 12 SEPTEMBER 2024
NATIONAL HOCKEY CENTRE
REGISTER NOW | ONLY \$79+GST PER BUSINESS



BUSINESS AFTER 5: NETWORKING AND EXPO
12th September 2024, 5.30-8.00pm
National Hockey Centre

Showcase your products, services, or expertise and meet your neighbours!

We are thrilled to invite you to participate in our 3rd **Business After 5: Networking & Business Showcase!**

This event will provide you with a unique platform to showcase your products, services, or expertise - and get to know your fellow BID Members. Each business will have a designated tabletop where you can display your business and interact with others. You will also have the chance to exchange business cards, discuss potential collaborations, and build valuable relationships with fellow

business owners and managers. By participating in this event, you will have the opportunity to expand your network and increase your business' visibility in the region.

The registration fee for participating in the event is \$79.00 + gst per business

Register here



BUSINESS LUNCHEON: Beyond the Stigma: Alcohol & Mental Health in the Workplace
26th September 2024, 12.00-2.30pm
National Hockey Centre

Mental Health Awareness Week 2024: Beyond the Stigma: Alcohol & Mental Health in the Workplace

Alcohol-related harm costs New Zealand an estimated \$4 billion in lost productivity, including workplace absenteeism, contributing to a total estimated cost of \$9.1 billion*. Join us for a ground-breaking event aimed at dismantling the stigma surrounding alcohol use and identifying the significant link between alcohol use and mental health.

Renowned New Zealand journalist **Patrick Gower**, celebrated for his powerful documentary series including "Patrick Gower on Booze (TV THREE)," will share his personal journey of quitting alcohol, insights from filming his documentary, and will serve as the MC for this event.

Learn from **Janet Thompson**, Founder and CEO of The Retreat New Zealand, about implementing a Recovery Friendly Workplace Programme (RFP) that effectively supports those facing mental health and alcohol-related challenges. Discover why a well-structured RFP is crucial in our society today and how it can boost productivity, reduce absenteeism, enhance morale, and promote safety in your workplace.

Don't miss this opportunity to gain valuable knowledge and tools to foster a healthier workplace environment and break the stigma surrounding alcohol use, and be part of the change towards a more supportive and understanding workplace culture.

Register here



Past Events



15th August, Business North Harbour
Learning Lab, Hayden Ricketts, Line & Circle

Hayden Ricketts has more than 15 years' experience in digital marketing with some leading corporate brands (including Air New Zealand and Goodman Fielder) and, since 2021, with his own business, Line & Circle.

With a focus on providing "the fundamentals" for smaller businesses, Hayden's workshop looked at how marketing has evolved since the introduction of digital, and the impacts of AI and social media. For more information about the Learning Lab, [click here](#).



Latest Information From Business.govt.nz



The business.govt.nz and other Government sources provide the latest information for businesses.

- [Reduce your financial stress](#)
- [Take climate action now](#)
- [5 tips for happy Father's Day](#)
- [Improve your online business](#)

- [What to do when products are unsafe](#)
- [Do you use Māori elements in your trade mark?](#)
- [Have your say on length measures](#)
- [In case you missed it...personal income tax changes](#)

If you have any questions or need support please contact the Ministry of Business, Innovation and Employment (MBIE)'s phone line for small businesses: Freephone **0800 424 946**

The Ember Employment Talent Showcase Would Like To Introduce Alba!



Ember Employment have hundreds of jobseekers on their books ready to step into roles. Today, we'd like to introduce you to Alba, who is looking for work in admin. Alba has held a variety of admin and retail positions and is looking settle with an organisation long term. She would prefer a role in the BNH region although she can travel to the CBD if needed.

If you want to learn more about Alba or any of the other jobseekers on our books contact Janey today at: janey.housego@ember.org.nz

We are a Platinum Partner of BNH and are appealing to you, our fellow members to support this initiative.

Ember Employment has a diverse range of talent ready to step into roles today. From construction site supervisors to retail sales assistants or checkout operators, we have the people you need. Our employment consultants support people to find the right job at the right time with the right organisation.

Ember is one of the largest NGO's in Aotearoa, employing over three hundred people. Our vision at Ember is to create an Aotearoa where all people are supported to be who and what they want to be.

If you want to access this free employment resource or to learn more about it, contact Janey today at: janey.housego@ember.org.nz.

New Auckland Transport Initiative - Fareshare



Discover the smarter way to support your employees' commute with Fareshare! Employers can now subsidise a portion of their staff's public transport costs on Auckland Transport services, helping to reduce stress, parking demand, and even achieve sustainability goals. Choose a subsidy rate between 25% and 75% and enjoy benefits like tax exemption. It's a win-win for your business and your team. Contact TravelwiseBusiness@AT.govt.nz to explore how Fareshare can make a positive impact on your workplace.

Experience The Magic Of Matakana Light And Bites Festival!



Get ready for an enchanting weekend at our much-anticipated **Matakana Light and Bites Festival** on September 14th and 15th! We invite you to join us from 3 PM to 9 PM each day for an unforgettable celebration of the Moon Festival. Experience the magic of lights and the delight of bites while enjoying the moon from our vineyard.

Our festival is packed with gourmet food stalls, live entertainment, and fun for the whole family—there's something for everyone!

Don't miss out—buy your ticket now for just \$15. Your ticket includes:

- A refreshing drink of your choice—whether it's a glass of our finest wine or a non-alcoholic option.
- A wristband light to fully immerse yourself in the festivities.
- A chance to win a **Grand Prize**—a night lodge stay during the non-peak season, offering you a peaceful retreat in the heart of Matakana!

[Click here](#) to secure your spot today and join us for an evening of magic and celebration!

North Harbour Businesses Trapline And Drink



North Harbour businesses trapline and drink! 4 - 5:30pm Fridays

Help biodiversity flourish in your area. Join a team of great people making a positive difference for our local environment!

We have set up trap lines across the Albany Basin! Now we need individuals or organisations to monitor and reset traplines in Fernhill and Burnside Native bush, upper Alexander Stream and Lucas Creek/Kell Park. Your company could have its own trapline to care for each week. Or join a wider team and trap once a month. No experience or tools necessary- we show how to do it!

Are you interested? Get in touch with Nick!
hello@restoringrosedalepark.org.nz



Thank you to our 2024 - 2025 PLATINUM PARTNERS



Thank you to our 2024 - 2025 GOLD PARTNERS



Business Hub
Auckland
North



Thank you to our 2024 - 2025 SILVER PARTNERS

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to read more about
our Partners and
BNH Partnership
opportunities



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